Psychiatric Emergency Services

A walk-in clinic for adults and children having a mental health crisis. Counselors are there to help 7 days a week.

We create a care plan together.

We provide support for up to 90 days.

We connect you to other services.

We can prescribe medicine.

**Hours**

Monday - Friday:
8 am to 10 pm

Saturday, Sunday & Holidays:
10 am to 8 pm

**Nadine L. Jay Building**
56 East Ave
Austin, TX 78701

**Capital Metro Bus**
Route 17, 21 or 22

If you have concerns about our services or staff, please contact us at feedback@integralcare.org or at 512-440-4086.
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A person in a mental health crisis may have a hard time handling everyday things like relationships, parenting and going to work or school. A crisis can happen after life changes and sad or scary events.

What can a mental health crisis look and feel like?

- Feeling like you can no longer deal with life
- Giving away things that mean a lot to you
- Seeing or hearing things that others don’t
- Having thoughts of killing yourself or others
- Feeling people are out to get you
- Pulling away from family and friends
- Using drugs and alcohol

If you need help now, call the 24/7 Crisis Helpline at 512-472-HELP (4357). Press 1 for English, then 1 for mental health crisis support.