



PLANNING & OPERATIONS COMMITTEE MEETING

To improve the lives of people affected by behavioral health and developmental and/or intellectual challenges.

DATE: Thursday, May 18, 2017
TIME: 5:30 PM
PLACE: 1430 Collier Street – Board Room, Austin, Texas 78704

AGENDA

- I. Citizens' Comments** (Presentations are limited to 3 minutes)
- II. Approval of Minutes from April 20, 2017 Planning & Operations Meeting** (pgs. 2-3)
- III. Recommendation to Accept, if Awarded, Hogg Foundation for Mental Health Grant: Improving Academic Achievement Through Mental Health (Goals 1, 2 &3)** (Simmons, Spencer, pg. 5-10)
- IV. Recommendation to Accept, if Awarded, Episcopal Foundation for Early Childhood Development/Community Capacity Building (Goal 2)** (Macakiage, Panakis, pgs. 10-11)
- V. Recommendation to Approve Contract(s) for Temporary Nurse Staff Services (Goal 2)** (pg. 12)
- VI. Information Item: Integral Care's Youth Prevention Indicated Strengthening Families Program (Goal 2)** (Simmons, pgs. 12-17)
- VII. Recommendation to Approve Whether or Not to Suspend the June Planning & Operations Committee Meeting** (Lynch, pg. 18)
- VIII. Information Item: Authority Services Focus: Choices in Recovery Pilot (Goal 2)** (Lynch, pgs. 18-23)
- IX. Discussion Item: Chief Operations Officer Report – (Goal 2 &3)** (Handley, pg. 23)
 - Clinical Service Delivery
 - Program Support
- X. New Business**
 - Identify Consent/Non-Consent Agenda Items
- XI. Citizens' Comments**



PLANNING & OPERATIONS COMMITTEE MINUTES

DATE: Thursday, April 20, 2017
TIME: 5:30 PM
PLACE: 1430 Collier Street – Board Room
Austin, TX 78704

MEMBERS PRESENT: Dr. Matt Snapp, Vince Torres, Dr. Guadalupe Zamora,
Richard Hopkins

MEMBERS ABSENT: Dr. Exalton Delco

OTHER BOARD MEMBERS PRESENT: None

Integral Care staff were present

The Chair, Vincent Torres, called the meeting to order at 5:31 p.m.

CITIZENS' COMMENTS

None.

APPROVAL OF MINUTES

The minutes of the February 16, 2017 meeting stand approved as submitted.

REQUEST TO ACCEPT IF AWARDED FROM THE COMMUNITY CARE COLLABORATIVE FOR THE INTEGRATED BEHAVIORAL HEALTH GRANT

Kathleen Casey presented the committee with a brief overview of Community Care Collaborative's Integrated Behavioral Health Grant. Approval is requested to accept grant in the event it is awarded to Integral Care. Discussion ensued. Vince Torres called for a motion to recommend to the Board the approval of proposed recommendation. Dr. Zamora second. All in favor. Motion carried. *This item will be added to consent agenda.*

DISCUSSION ITEM: CHIEF OPERATIONS OFFICER (COO) REPORT

Dawn Handley provided the Planning and Operations committee with a brief verbal report regarding clinical service delivery and program support. Ms. Handley also introduced the new IDD Director, Ken Winston to the committee. *This item will be added to the non-consent agenda*

INFORMATION ITEM: AUTHORITY SERVICES FOCUS: CONSUMER SATISFACTION AND CONCERNS

Louise Lynch presented data to the committee regarding consumer satisfaction and concerns. Phyllis Wolf gave an extensive overview of Ombudsman functions. Melody Moscal gave overview of surveys from consumer experiences and highlighted on plans for FY17. *This item will be added to the non-consent agenda*

INFORMATION ITEM: MEDICATION ASSISTED TREATMENT – PILOT PROGRAM

Kathleen Casey presented the committee with an overview of the Medication Assisted Treatment Pilot Program. Discussion ensued.

NEW BUSINESS

The items listed below were decided for Consent/Non-Consent Agenda:

Consent:

Request to Accept if Awarded from the Community Care Collaborative for the Integrated Behavioral Health Grant (Casey)

Non-Consent:

Authority Services Focus: Consumer Satisfaction and Concerns (Lynch)

Chief Operations Officer (COO) Report (Handley)

CITIZENS' COMMENTS

None.

ADJOURNED

The meeting adjourned at 6:21 p.m.

Vincent Torres, Chair

Kendra Green, Recording Secretary

Date



Board of Trustees

Planning and Operations Committee

May 18, 2017



I. Citizens' Comments



II. Approval of Minutes from April 20, 2017 Planning & Operations Meeting



III. Recommendation to Accept, if Awarded, Hogg Foundation for Mental Health Grant: Improving Academic Achievement Through Mental Health (Goals 1, 2 & 3)

Hugh Simmons, LCSW, Director of Practice Management
Stacy Spencer, LCSW, Program Manager Integrated Care in Schools



Grant/Proposal Data

- Unit: 652
- Fundor: Hogg Foundation for Mental Health
- Proposal: Evaluating Outcomes: A Texas Evidence-Based On-Campus Behavioral Health Model
- Total Funds if awarded to Integral Care:
 - Grant Period 1 7/1/17-6/30/18 \$97,414
 - Grant Period 2 7/1/18-6/30/19 \$100,867
 - Grant Period 3 7/1/19-6/30/20 \$100,867
- Match Required: 0
- Length of Contract: 3 years
- Renewal Possible: Unknown
- Program Category: CFS
- Program Manager: Stacy Spencer



Overview

- Limited Texas-specific information is available to Texas ISDs that demonstrates the impact of on-campus behavioral health service on outcomes such as:
 - school performance
 - attendance
 - reduced disciplinary referrals

These kinds of outcomes are critically important to Texas school leaders, families, policy leaders, taxpayers, and philanthropic partners when considering how to address behavioral health challenges of students.



Context

According to the 2014 DSHS Health Status of Texas Report, the percentage of 9-17 year-old Texas youth diagnosed with a mental health disorder that significantly interfered with academic or social functioning was 5%. This would translate to over 250,000 students across the state. This number does not include the larger number of youth who are facing significant life challenges that have an emotional impact that interferes with functioning, but whose challenges do not manifest as a diagnosable disorder.



Context (cont.)

In 2013 Manor, Del Valle and Pflugerville ISDs partnered with Integral Care via the 1115 Waiver opportunity to introduce on-campus behavioral health services. Each ISD offered office space for therapists and a referral structure so that youth in need could see a therapist during the school day.

Although the 1115 Waiver opportunity created a wave of innovative, proactive and cost-saving programs in Texas, the 1115 Waiver design did not include resources for effective evaluation of program outcomes.



Hogg Foundation for Mental Health RFP

In April 2017 Integral Care, in coordination with Texans Care for Children, submitted a proposal in response to the Hogg Foundation for Mental Health's Improving Academic Achievement Through Mental Health RFP to support a thorough, rigorous and independent evaluation of Integral Care's existing on-campus services in Manor, Del Valle and Pflugerville ISDs.

The title of this proposal is: Evaluating Outcomes: A Texas Evidence-Based On-Campus Behavioral Health Model



The goal of the evaluation is to:

- Detail the current service models at the three participating ISDs
- Match and analyze data from Integral Care and participating ISDs to determine the use of mental health services and interventions over the last three-year period
- Analyze data from the ISDs in the fourth and fifth year of the program (first and second year of this grant period) to determine the impact of services on outcomes, such as school attendance, grade promotion and academic performance, crisis referrals, disciplinary referrals and suspensions, etc.
- Identify opportunities for program improvement, if applicable, and assess pathways to program sustainability independent of 1115 waiver funding.



Process

Integral Care will contract with Texans Care for Children, who will coordinate the independent evaluation that will not subject Integral Care to conflict of interest.

Texans Care for Children will engage an evaluator and will ensure that Manor, Del Valle and Pflugerville ISDs contribute to the evaluation design, so that the evaluation will produce information important to ISDs.



Upon Completion

- Upon completion of the evaluation Texans Care for Children will publish a research report and disseminate information gained from this evaluation across the state. Texas ISDs considering implementing on-campus behavioral health services will have access to a Texas evidence-based model that offers pathways to sustainability.
- Integral Care and Manor, Del Valle and Pflugerville ISDs will employ results to improve service delivery and pursue pathways to sustainability.



Questions/Comments



IV. Recommendation to Accept, if Awarded, Episcopal Foundation for Early Childhood Development/Community Capacity Building (Goal 2)

Kimberly Macakiage, Director of 1115 Medicaid Waiver
Projects
Sharon Panakis, Program Manager of Infant Parent Program



First Steps Project

- **Service population:** Infants and toddlers aged 0-3 years old who exhibit mild to moderate developmental delays and who do not qualify for Early Childhood Intervention (ECI) services offered by the state. Also, provides summer services for children who age out of ECI and cannot access special education services until the new school year begins.
- **Services** include speech therapy, physical therapy, occupational therapy and developmental services, and group therapy.
- **Goal:** Develop a system of therapeutic services and supports for children who meet eligibility criteria, especially those who have Medicaid, are uninsured, or come from low-income families.
- **Effects:** Fewer children need special education services through Individual Disabilities Education Act (IDEA) Part B at age three. 54% of children leave the program with no developmental delays and another 15% demonstrate no need for IDEA Part B special education services.
- Currently funded through the 1115 Medicaid Waiver program.



Episcopal Health Foundation Grant

- Started the Episcopal Health Foundation grant application.
 - Step 1: Letter of inquiry.
 - Step 2: Waiting for invitation to apply for grant.
If accepted, submission is due June 16, 2017.
- Funding requested: \$620,000 annually for 3 years beginning Oct. 2017
- Request to expand best practices such as:
 - group therapy
 - infant bonding and attachment strategies to promote healthy attachment and positive social-emotional skills
 - parent education/support groups



V. Recommendation to Approve Contract(s) for Temporary Nurse Staff Services (Goal 2)



VI. Information Item: Integral Care's Youth Prevention Indicated Strengthening Families Program (Goal 2)

Hugh Simmons, LCSW, Director of Practice Management

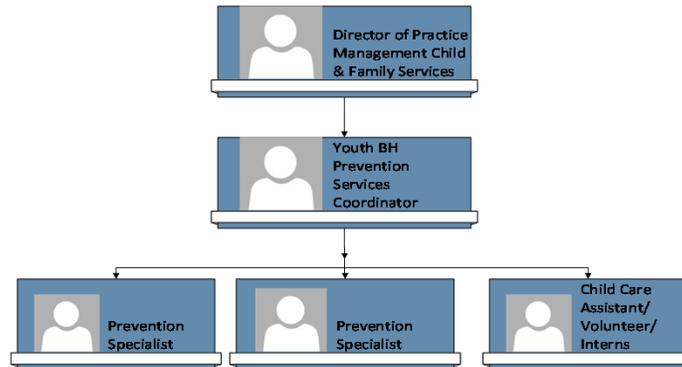


Program Data

- Unit: 503
- Fundor: Health and Human Services Commission
- Total Funds:
 - Per Contract Year \$252,705
 - Match Required: \$12,635
- Length of Contract: 5 years
- Renewal Possible: Yes
- Program Category: CFS
- Program Coordinator: Jorge Armando Alvarez



Our Team



Strengthening Families Evidence-Based Curriculum

- 1 of the 6 Center for Substance Abuse Prevention Strategies
- Education & Skills Training (English & Spanish)
- Reduces risk factors for behavioral, emotional, academic & social problems
- Improves family relationships
- Improves parenting skills
- Increases youth social & life skills
- Increases resiliency



Integral Care's YPI Program

- Serves 60 youth and 60 adults per contract year
- Delivered out of Del Valle High School & Dove Springs Clinic
- Time: 6:30 pm – 8:45 pm
- 14 sessions
- Del Valle High School: 2x a week (Tuesday & Thursday)
- Dove Springs Clinic: 1x a week (Wednesday)
- Fall, Spring & Summer



Eligibility

- Age: Youth 12 - 16
- Adult: At least one parent must participate
- Residence: Travis County
- Indicators such as declining grades, truancy, conflict at home, and more.

Snapshot

Communication – youth reported increased communication with at least one of their parents about the dangers of alcohol, tobacco & other drugs

FY2014: 60%

FY2015: 82%

FY2016: 67%

Challenges

- Retention rate currently averaging between 65% and 70%
- Ongoing education of youth-service professionals about Strengthening Families
- Overcoming logistical and other obstacles faced by families who may be ambivalent about entering the program



Testimonials

My experience with the staff (Jorge, Carolina, and Guillermo) has always been positive and supportive of the work they each do. From the beginning when I send over a referral until the end of graduation. There are regular updates sent out for the referrals and excellent follow through with any circumstances that may arise. Their work shows positive turnaround for the families, in most cases but even in the ones who have set backs they are able to apply life skills they learned in group for a more successful outcome. The quality of service and the program is needed here for the community and the families I work with. This program benefits many families in the S/SE area as a preventative and follow-up program.

-Annette Villanueva
Juvenile Case Manager
Justice of The Peace Precinct 4



Parent & Youth Testimonials

Verbal



Questions/Comments



VII. Recommendation to Approve Whether or Not to Suspend the June Planning & Operations Committee Meeting

Louise F. Lynch, MSSW, LMSW-AP
Provider Network and Authority Officer



VIII. Information Item: Authority Services Focus: Choices in Recovery Pilot (Goal 2)

Louise F. Lynch, MSSW, LMSW-AP
Provider Network and Authority Officer



Background

The Travis County Plan for Substance Use Disorders was completed in September 2015 and included the following guidance:

- Build on existing successful programming and infrastructure
- Address populations that have a demonstrated need for additional services
- Divert from more expensive services
- Leverage other community efforts
- Incorporate best practices, including recovery-oriented supports



Planning Committee Members

- Laura Peveto, Travis County Health and Human Services and Veteran's Services (Co-Chair)
- Dr. Craig Franke, Medical Director
- Lori Wilson, C.H.I.L.L.
- Patricia Bouressa, Cross Creek Hospital
- Deborah Beresky, Consumer Council
- Robin Peyson, Communities for Recovery
- Lesa Brown-Valades, Utilization Management
- Kristen Tobey, Bluebonnet Trails, OSAR



Choices in Recovery Pilot

- Creates a system of care for individuals who are dealing with substance use issues based on the person centered approach
- The individual is an active participant in determining what level of support they receive
- Matches their interest with their level of motivation
- Builds on the strengths and resiliency of the individual



Eligibility

- Assessed or elects to participate in an intensive outpatient level of care or less
- 200% of federal poverty level or less
- Travis County resident
- Must be housed or marginally homeless
- Chooses to participate in the pilot when presented with options at the time of assessment



Process

- Individual presents to OSAR for screening and assessment
- OSAR staff completes assessment utilizing the approved screening tool and identifies behavioral health and other risk factors
- Anyone meeting the criteria for this pilot would then be provided with referrals to services typically provided by OSAR as well as the option to participate in the pilot



A Key Feature—Recovery Support

- Once an individual has chosen to participate in the pilot, they would meet with a Certified Peer Recovery Coach from Communities for Recovery
- The Peer would provide emotional support, information, linkages to services and help develop the individual's recovery wellness plan.
- The Certified Peer Recovery Coach will remain engaged with the pilot participant throughout the pilot and provide support necessary to assist the individual in maintaining their recovery and help prevent reoccurrence of use.



Services and Supports Available

- State funded substance use services as eligible through OSAR screening
- Intensive Outpatient programming
- Medication assisted treatment (by referral to CCC Pilot)
- Temporary Sober/recovery supportive housing
- Health and Wellness
- Harm Reduction
- Support groups
- Ongoing contact with a Primary Care Physician



Choices in Recovery Progress

- Tools developed to describe program and recovery support
- “Bob” Walk through
- Pilot started on April 3, 2017
- Two individuals have chosen the pilot but not begun services
- The Planning Committee meets monthly to discuss process barriers and recommend improvements



Discussion



IX. Discussion Item: Chief Operations Officer Report (Goal 2 & 3)

Dawn Handley, Chief Operations Officer

[Report](#)



X. New Business



XI. Citizens' Comments



